

# JUSTYN LUTFY MD CM, FRCS(C)

Hand, Wrist, Plastic and Reconstructive Surgeon

Kootenay Surgery Clinic

[www.kootenaysurgeryclinic.com](http://www.kootenaysurgeryclinic.com)

## Guidelines for Consultations

Below are some guidelines for some of the common referrals. A more comprehensive lists and practice details are available at the Kootenay Family Practice Pathways resource.

If you suspect the patient will require elective surgery, we need **at least 1 month of nicotine-free use** to minimize post-operative complications. We suggest that you explore nicotine cessation programs with your patient while they await consultation with me to help minimize delays to having surgery.

At the present time the clinic is not offering cosmetic surgery due to the high back-log of MSP covered procedures. Have patients check our website for if/when we start offering cosmetic surgery.

Breast reconstruction	Previous pathology and surgical/radiation/med oncology reports sent with referral
Breast reduction	Patient must have a BMI less than 30, stable weight for more than 6 months, no nicotine use, finished having children, mammogram if above the age of 50 (or 40 with risk factors) prior to consultation. The waiting list is already very, very long, thus consider sending patient to Kelowna, Vancouver, etc
Burns	
Cancer reconstruction	Previous pathology and surgical/radiation/med oncology reports sent with referral
Carpal Tunnel, Cubital Tunnel, nerve entrapments	Nerve conductions study report sent with consults (no need for EMG)
Eyelid ptosis	
Facial fractures	
Ganglion	Ultrasound report sent with consultation
Lipoma	
Panniculectomy	Weight stable 6 at least months
Hand and wrist pains	Have x-rays images sent with patient
Scar revision	
Skin cancer/lesions	<b>Patient must have a pathology report of the PUNCH BIOPSY (NO shave biopsies!!)</b> of lesion(s) in question sent with the referral (otherwise referral may be sent back). Have patient take a photo of the lesion with their cellphone at time of GP's biopsy so I know the general location on the body, the lesion circled in ink in the photo, and characteristics of

	the lesion for comparison when I see them
Leg ulcers	Should be seen by wound care clinic nurse and she will notify you whether a consult needs to be sent to me
Hyperhydrosis/Hidradenitis	If medical management fails, then send consultation
Pediatrics:	Will see most pediatric conditions
Cleft lip/palate	Send to Vancouver
Congenital anomalies	Fax referral and email photo. I will inform you whether it is best done locally or sent to Vancouver

Emails can be sent to [admin@kootenaysurgeryclinic.com](mailto:admin@kootenaysurgeryclinic.com)