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Hand, Wrist, Plastic and Reconstructive Surgeon

Kootenay Surgery Clinic

www.kootenaysurgeryclinic.com

Some medications can increase the risk of complications (eg bleeding) after surgery. If you are taking any of the following medications, please bring them to our attention. Depending on the reason why you are taken the medication, they may need to be stopped 2 weeks prior to surgery or switched to another medication to keep your blood thin (eg heparin). Some of the following medications may need to be avoided 1 week after surgery as well, but we will counsel you at the time of surgery if this is the case.

Medications to Avoid Prior to Surgery			
Advil	Coricidin	Garlic supplements	Sine Aid
Aleve	Coumadin	Goody's	Soma
Alka Seltzer	Darvon	Headache powder/tablets	St. John's Wart
Alcohol	Dicumarol	Ibuprofen	Tolectin
Anacin	Disalcid	Indomethacin	Toradol
Anaprox	Dolobid	Lodine	Trandate
Ansaid	Dristan	Lovenox	Trental
Apixaban	Easprin	Meclomen	Trilisate
Aspirin (ASA)	Ecotrin	Medipren	Vanquish
BC Tablet/powder	Empirin	Midol	Vicoprofen
BC Cold powder	Equagesic	Monogesic	Vitamin E
Brufen	Equilis	Motrin	Voltaren
Bufferin	Enoxaparin	Naprosyn	Warfarin
Buffex	Excedrin	Pepto Bismol	Wesprin
Cama arthritis pain reliever	Feldene	Percoden	Xarelto
Celebrex	Florinal	Persantine	Zavtrin
Cephalgesics	Flubiprofen	Plavix	Zoprin
Clopidogrel	Sodium	Rivaroxaban	
Cogesprin	4 way tablets	Robaxisal	

We also advocate for **NO SMOKING, VAPING** or **NICOTINE** products at least **1 month before and 1 month after surgery** as nicotine impairs good healing and increases the risk of complications. If we suspect nicotine use, we may do a blood test the day of surgery, and if it's positive, we reserve the right to cancel your surgery. Please inform us if you use nicotine products at the time of appointment scheduling or consultation so we may work together to get you nicotine free.